

HOUSING  
NORTHWEST,  
INC.

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# The Gem Newsletter

JUNE 2010

## Move-Out Appointments

Each tenant must schedule a move-out appointment. The GEM staff will be calling sometime this week to set up the appointment. During Move-Out appointments, tenants must have their room empty and clean, turn in all keys, laundry cards, and parking permits.

## Upcoming Events

### Finals Week Breakfast:

**Monday June 7th - Friday 11th**

**7:30AM - 10:00AM**

Come down to the lobby and enjoy some breakfast before your finals! Food is an integral part to energy and success!



**Give and Take Table June 7th-June 13th**

The Give and Take Table will be set up in the laundry area during finals week. Bring down any clothing, non-perishable food, personal items/ furniture in good repair that you no longer want. You can take any items you want from the table. Any items left on Monday the 14th will be donated to Vina Moses and the Linn-Benton Food Share.

## Move-Out Logistics

### **NOTICE OF INTENT TO VACATE**

If you have not done so already, please complete your NIV. Each tenant must fill out an NIV. By doing this, you insure that any refund will be sent to your future address.

**CLEANING FEE** - As a reminder, each tenant was charged a cleaning fee during the commencement of your contract. This fee is used for carpet and furniture sanitation. Each unit should be cleaned thoroughly or you could be charged for additional labor.



**Saturday June 12, 2010**

**10:30AM, Reser Stadium**

Congratulations to all the 2010 Graduates!  
All our dreams can come true...if we have the courage to pursue them.

— Walt Disney

# Ira's Corner

Helpful hints from The Gem's favorite facilities man!

## Schools Out For Summer!

It's that time of the year again! OSU classes are coming to an end, summer vacation is at hand, and for many of you at the GEM it is time to get ready and leave for summer. Here are some reminders that will help if you are moving out for the summer:

1. Please stop by the GEM office and pick up a "Check-Out Form". This form will provide reminders for things to do when checking out.
2. Remove all personal items from your room.
3. Clean your room. This includes: sweeping, vacuuming, removing garbage, wiping down surfaces such as the sink and shower and removing any carpet stains. To remove stains from your carpet, place a cleaning solution on the stain and press firmly with a damp cloth.
4. Defrost your fridge. Make sure to discard all perishables. Turn the fridge level to off, leave door open, and place a towel underneath the fridge. Once it is defrosted you will be able to clean it.
5. Submit any work orders for broken items in your room such as burned out light bulbs, clogged sinks/showers, etc.
6. If you have any unwanted items please **do not** leave them in any common area, but instead take them to the laundry area and place them on the Give and Take Table.

Here are some tips for those of you who are keeping your room over the summer, but will not be staying here during that time:

1. Clean out your fridge of all food, and defrost it (see instructions above).
2. Remove any garbage from your room or it will start to smell, attract pests, and irritate your neighbors. Not a good thing to return to after a nice summer vacation.
3. Turn off all alarm clocks or electronics so as not to cause any nuisance alarms. Please be aware that if any alarm goes off (such as an alarm clock or a smoke detector with a low battery) and you are not here to turn it off GEM staff will enter your apartment to silence the alarm or replace your smoke detector battery.
4. Do not leave any water running. It might seem like a good idea to put your plant in the sink with dripping water, but this can (and has in the past) cause a flood. Find a neighbor or a friend to care for your plants (and fish if you have them) while you are gone or take them with you.

HAVE A WONDERFUL SUMMER EVERYONE!

## Study Tips for Final Exams Provided by Suite 101.com

**Time management.** Plan, plan, plan. Before finals begin, get out your calendar and schedule as much of your finals week as possible. Then stick with the schedule.

**Schedule in study breaks.** Don't plan to study non-stop for the next five days. You'll go insane, and you'll be too fried to do well on the exams. When you write your schedule, include short study breaks to help you recharge. You'll feel so much better and will be able to concentrate so much more.

**Schedule in sleep.** Some people can function well on three hours of sleep a night. Most cannot. You'll do much better during exams if your mental state is good, and sleep is essential for this.

**Prioritize.** You have limited time to study and will have to choose what to spend the most time with. You could spend hours and hours on that math exam because if you do really well, you might be able to pull of a C. Or you can spend hours and hours on a history exam because if you do well, you've got a good shot at an A. It's up to you.

**Keep things in perspective.** What's the worst thing that can happen if you don't do well on this test? Excessive stress will make you crazy and hurt your performance on tests, so as much as you can, relax. And if you're having serious problems with anxiety during final exams, seek help at your school's counseling center. This is a common problem that schools are well equipped to help you with.

